

#### **PROGRAM OBJECTIVES 2025**

The E.D.G.E. program provides continuous learning and leadership development for all professionals. This leadership program is designed to help business professionals maximize strengths, fill in development gaps, raise the bar on performance in current roles, and courageously and strategically plan for continuous growth and advancement.

#### Opening Session and Teambuilding -March 11, 2025

Kaplan Hall, SUNY Orange, Newburgh

9:00 AM -4:30 PM

Class members will gather for the first time to embark on their leadership journey. They will engage in team-building activities and meaningful conversations to get to know each other. In this session, we will cover crucial communication skills for the workplace and provide guidance on avoiding common mistakes. Additionally, an interactive DISC assessment will help participants gain insights into their behavior and communication style.

## Public Speaking - March 17, 2025

Paramount Theatre, Middletown 9:00 AM – 4:30 PM

Participants will improve their presentation skills by learning how to effectively deliver presentations to different types of audiences, manage their time, and engage their listeners. They will also explore various techniques for creating compelling presentations. Additionally, participants will also practice effective and professional microphone use and how to facilitate a panel discussion.

### Mental Health and DEAI – March 25, 2025

**Cornerstone Family Health Center** 

9:00AM - 4:30 PM

Class members will have open discussions about mental health topics, diversity, equity, accessibility, and inclusion. The first half of the day will focus on mental health and cover topics like suicide prevention, stress management, self-care, identifying signs of internal suffering, and how to start guided conversations. During the second half of the day, the class will explore social equity implications in a corporate structure and microaggressions. They will also participate in skill-building and breakout activities to identify intersectionality between classmates.

# HR Challenges & Leading Through Innovation - April 1, 2025

# **McKesson Distribution Center, Montgomery**

9:00 AM - 4:30 PM

This session will begin by addressing key HR pitfalls to avoid, followed by training on interviewing, headhunting, and insights into the Orange County job market. We will conclude with a focus on innovation leadership, which involves inspiring productive action in both oneself and others. Throughout the session, participants will engage in discussions on developing people, enhancing employee engagement, strategic planning, problem-solving, and decision-making, all aimed at fostering productivity and leadership.

#### Leadership - April 8, 2025

**Location TBD** 

9:00 AM - 4:30 PM

This final session is designed to provide a practical and insightful conclusion to the series of leadership development sessions. In this final session we will start will an overview of mentorship and its importance. We will then hear from a variety of top Orange County leaders regarding their experiences across multiple industries through a panel called "Why people want to follow?" Lastly, we will hear our keynote speaker discuss leadership, overcoming challenges, diversity and dedication. This final session ties together the core elements of the EDGE Program, emphasizing the role of effective leadership in professional growth and community development. Class members will leave with practical skills and a clear understanding of how to apply these principles in their ongoing leadership roles.

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